# **ROOM RATES**

- To make your reservations, call the Wintergreen Resort at (800) 611-6888 and mention PSV to obtain the group rate as listed below.
- The group rate for studio rooms is \$109. Condominium rates are \$149 for a one bedroom and \$199 for a two bedroom. Condomiums are available on a space available basis. An additional resort fee of 8.8% and tax of 10% will apply to all rates.
- Please refer to the the Psychiatric Society of Virginia when making your reservation.
- Rooms and rates are subject to availability. Cancellations must be made at least three days prior to arrival date or the deposit will be forfeited.

- PLEASE PRINT -I will attend the following: FRIDAY - SEPTEMBER 23. 2011 Last Name: ☐ Reception SATURDAY - SEPTEMBER 24, 2011 All attendees are encouraged to join us for breakfast. ☐ Ethics Breakfast ☐ Foundation Breakfast ☐ Legislative Committee/Public Psychiatry Breakfast ■ VA Council of AACAP Breakfast ☐ Members-in-Training Breakfast **MEETING REGISTRATION:** ☐ Research and Publication Committee ☐ Luncheon and Business Meeting Medical Student/Member-in-Training... Guest Name(s): PAYMENT: Make checks payable to: Psychiatric Society of Virginia Credit Card Payment: USA ■ MasterCard ☐ Discover ☐ Amex Cancellation Policy: An 80% refund will be issued through September 9, 2011. No refunds will be issued after September 9, 2011. Requests for CVV Code:\* Exp Date: refunds must be made in writing. Please contact Name on Card: For information on PSV membership, contact Billing Street Address: psv@societyhq.com \*CVV code is the 3-digit number on the back of a VISA or MasterCard or the 4-digit number on the front of Amex and Signature:

#### MAIL OR FAX YOUR COMPLETED FORM TO:

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# CROSSROADS

of Psychiatry & Allied Professions

**Psychiatric Society of Virginia** 

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## **Conference Committee**

Adam T. Kaul, MD, FAPA President. PSV

Victor Vieweg, MD, DFAPA President Elect. PSV

Cheryl Jones, MD, DFAPA Past President, PSV

Asha Mishra, MD, DFAPA PSV Member

# **Faculty**

# Varun Choudhary, MD

Assistant Clinical Professor Virginia Commonwealth University Richmond, VA

# John M. Hettema, MD, PhD

Professor of Psychiatry Virginia Commonwealth University Institute for Psychiatric and Behavioral Genetics Richmond, VA

#### John P. D. Shemo, MD, DFAPA

Medical Director
Psychiatric Alliance
of the Blue Ridge
Associate Clinical Professor
University of Virginia
Charlottesville, VA

#### Paul M. Spector, DO, DLFAPA

Board Certified in Addiction Psychiatry and Pain Medicine Richmond, VA

# Kevin H. Spicer, MD

Board Certified in Adult and Child Psychiatry Charleston, SC

#### James W. Stewart III

Commissioner of Virgina Department of Behavioral Health and Development Services (DBHDS) Richmond, VA

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# 2011 FALL MEETING CROSSROADS

# of Psychiatry & Allied Professions

# **Program**

# Friday, September 23, 2011

4:00 pm - 6:00 pm	Registration
4:00 pm - 6:00 pm	<b>Board of Directors Meeting</b>
6:30 pm - 7:30 pm	Reception with area
	Legislators & Exhibitors

# Saturday, September 24, 2011

Jaturuay, Ju	ptombor 24, 2011
8:00 am - 9:00 am	Committee Breakfast Meeting
8:30 am - 9:00 am	Registration / Visit Exhibits
9:00 am - 9:15 am	<b>Welcoming / Overview / Introductions</b> Adam T. Kaul, MD, FAPA
9:15 am - 9:45 am	The Future of Psychiatry: A Historical Perspective John P. D. Shemo, MD, DFAPA
9:45 am - 10:45 am	<b>Psychiatry and Pain Management</b> Paul M. Spector, DO, DLFAPA
10:45 am - 11:15 am	Break / Visit Exhibits / Poster Session
11:15 am - 12:00 n	Creating Opportunities: A Plan for Advancing Community-Focused Services in Virginia James W. Stewart III
12:00 n - 1:00 pm	Lunch / Business Meeting / Poster Awards
1:00 pm - 2:00 pm	Crossroads of Psychiatry and the Law Varun Choudhary, MD
2:00 pm - 3:00 pm	The Role of Psychotherapy in Private Practice Kevin H. Spicer, MD
3:00 pm - 4:00 pm	Will Modern Genetics Research Contribute to Psychiatric Practice?

John M. Hettema, MD. PhD

# **September 23-24, 2011**Wintergreen Resort • Wintergreen, VA

# **Session Objectives**

# The Future of Psychiatry: A Historical Perspective John P. D. Shemo, MD. DFAPA

At the conclusion of this program, participants will be able to:

- Demonstrate a better understanding of the future direction of psychiatry, based on a historical perspective.
- 2. Differentiate various clinical trends
- 3. Understand structural and administrative trends.
- 4. Discuss dangers inherent in these trends.

### **Psychiatry and Pain Management**

Paul M. Spector, DO, DLFAPA

At the conclusion of this program, participants will be able to:

- Discuss the State and Federal statutes regarding the use of opioids in the management of chronic intractable pain.
- Understand how to safely prescribe opioids for chronic pain by accessing the prescription monitoring program, taking a full history to include review of records, utilizing drug screens, and using universal precautions.
- 3. Recognize "red and yellow" flags for misuse and diversion.
- 4. Differentiate between neuropathic and perceptive pain.

# Creating Opportunities: A Plan for Advancing Community-Focused Services in Virginia

James W. Stewart III

At the conclusion of this program, participants will be able to:

 Understand the strategic priorities that have been established for the public funded behavioral health and development services system.

# Crossroads of Psychiatry and the Law

Varun Choudhary, MD

At the conclusion of this program, participants will be able to:

- 1. Understand a general overview of the judicial branch.
- 2. Differentiate types of lawsuits / legal proceeding (i.e. civil vs criminal law).
- 3. Understand how tort law and malpractice affects them as it applies to the concept of medical liability reform.
- 4. Generally understand the pertinent topics in mental health law.

## The Role of Psychotherapy in Private Practice

Kevin H. Spicer, MD

At the conclusion of this program, participants will be able to:

- 1. Understand the role of psychotherapy in psychiatric practice.
- Discuss split patient management with the psychiatrist providing medication management and the psychologist providing psychotherapy.
- 3. Know when psychotherapy is the treatment of choice in depression

# Will Modern Genetics Research Contribute to Psychiatric Practice?

John M. Hettema, MD, PhD

At the conclusion of this program, participants will be able to:

- 1. Discuss the recent history of research efforts in psychiatric genetics.
- Understand how current genetic studies in psychiatry and other medical fields are influencing our research paradigms.
- 3. Discuss the future prospects for genetics research to contribute to psychiatric knowledge and treatment.

# **Overall Objectives**

The 2011 Fall Meeting will address current issues and controversies in Psychiatry. This program will address issues in Pain Management, Psychiatry in the Public Sector, Forensics with Associated Medical and Legal Issues and Genetics. The presenters will review specific issues and objectives in these fields in order for psychiatrists to better evaluate and treat patients.

### **Target Audience**

This program was developed for Virginia Psychiatrists to address current issues and hot topics in mental health.

#### **Accreditation**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychiatric Association (APA) and the Psychiatric Society of Virginia (PSV). The APA is accredited by the ACCME to provide continuing medical education for physicians.

# Designation

The American Psychiatric Association designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

