

HOTEL ROOM RATES

- To make your reservations, call the Sheraton Park South Hotel, 9901 Midlothian Turnpike, Richmond, VA 23235, at (800) 525-9538 or fax to (804) 320-5255.
- The group rate is \$109. Reservations must be made before March 7, 2011. State and local taxes will apply.
- Please refer to the the Psychiatric Society of Virginia when making your reservation.
- Rooms and rates are subject to availability. Cancellations must be made at least 24 hours prior to arrival date or the first night's room rate and tax will be assessed.

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Permit 290  
Richmond, VA

REGISTRATION

- PLEASE PRINT -

Last Name: \_\_\_\_\_  
First Name: \_\_\_\_\_ MI: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State/Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_

MEETING REGISTRATION:

\_\_\_\_\_ Non-Member..... \$100  
\_\_\_\_\_ Member ..... \$50  
\_\_\_\_\_ Medical Student/Member-in-Training..... N/C

PAYMENT:

Make checks payable to: Psychiatric Society of Virginia  
Credit Card Payment: ☐ VISA ☐ MasterCard

Card #: \_\_\_\_\_  
Exp Date: \_\_\_\_\_ CVV Code:\* \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Billing Street Address: \_\_\_\_\_  
\_\_\_\_\_ Zip: \_\_\_\_\_  
Signature: \_\_\_\_\_

I will attend the following:

FRIDAY - MARCH 25, 2011

☐ Reception

SATURDAY - MARCH 26, 2011

☐ Ethics Breakfast (Residents are welcome)

☐ Foundation Breakfast

☐ Legislative Committee/Public Psychiatry Breakfast

☐ VA Council of AACAP Breakfast (Council Members only)

☐ Members-in-Training Breakfast

☐ Luncheon and Business Meeting

How many? \_\_\_\_\_

Guest Name(s): \_\_\_\_\_

Cancellation Policy: An 80% refund will be issued through March 7, 2011. No refunds will be issued after March 7, 2011. Requests for refunds must be made in writing. Please contact PSV with any questions.

For information on PSV membership, contact psv@societyhq.com

\*CVV code is the 3-digit number on the back of a VISA or MasterCard.

MAIL OR FAX YOUR COMPLETED FORM TO:

PSYCHIATRIC SOCIETY OF VIRGINIA

2209 Dickens Road • Richmond, VA 23230-2005  
(804) 754-1200 • Fax: (804) 282-0090 • Email: psv@societyhq.com



Psychiatric Society of Virginia

2209 Dickens Road  
Richmond, VA 23230-2005

PSYCHIATRIC SOCIETY OF VIRGINIA



2011 SPRING MEETING  
March 25-26, 2011

Sheraton Park South • Richmond, VA



Looking at Psychiatry in  
the Evidence-Based World

Jointly Sponsored by the American Psychiatric Association  
and the Psychiatric Society of Virginia

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2209 Dickens Road • Richmond, VA 23230-2005 • (804) 754-1200  
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### Conference Committee

Cheryl Jones, MD, DFAPA  
President, PSV

Adam T. Kaul, MD, FAPA  
President Elect, PSV

Asha Mishra, MD, DFAPA  
PSV Member

Victor Vieweg, MD, DFAPA  
Treasurer, PSV

### Faculty

S. Nassir Ghaemi, MD, MPH  
Professor of Psychiatry  
Tufts University School of Medicine  
Boston, MA

Rochelle L. Klinger, MD, DFAPA  
Professor of Psychiatry  
Virginia Commonwealth University  
McGuire Veterans Medical Center  
Richmond, VA

James L. Levenson, MD, DFAPA  
Professor of Psychiatry  
Internal Medicine & Surgery  
Virginia Commonwealth University  
Richmond, VA

A. Bela Sood, MD, MSHA, FAACAP  
Professor of Psychiatry  
and Pediatrics  
Chair, Division of Child  
and Adolescent Psychiatry  
Medical Director, Virginia  
Treatment Center for Children  
Virginia Commonwealth University  
Richmond, VA

JOINTLY SPONSORED BY THE AMERICAN PSYCHIATRIC ASSOCIATION AND THE PSYCHIATRIC SOCIETY OF VIRGINIA

# 2011 SPRING MEETING Looking at Psychiatry in an Evidence-Based World

## Program

### Friday, March 25, 2011

4:00 pm - 6:00 pm	Registration
4:00 pm - 6:00 pm	Board of Directors Meeting
6:30 pm - 7:30 pm	Reception with area Legislators & Exhibitors

### Saturday, March 26, 2011

7:00 am - 8:00 am	Committee Breakfast Meeting
7:00 am - 8:00 am	Registration / Visit Exhibits
8:00 am - 8:15 am	Welcoming / Overview / Introductions Adam T. Kaul, MD, FAPA
8:15 am - 9:00 am	An Introduction to Evidence-Based Applications in Psychiatry S. Nassir Ghaemi, MD, MPH
9:00 am - 10:00 am	Bipolar Disorder from an Evidence-Based Perspective S. Nassir Ghaemi, MD, MPH
10:00 am - 10:45 am	Break / Exhibits
10:45 am - 11:45 am	Mental Health, Substance Abuse and HIV: An Overview Rochelle L. Klinger, MD, DFAPA
11:45 am - 1:00 pm	Lunch & Business Meeting
1:00 pm - 2:00 pm	Practice Parameters for the Assessment and Management of ADHD and Current Concepts Relating to Disruptive Disorders of Childhood in DSM A. Bela Sood, MD, MSHA, FAACAP
2:00 pm - 2:45 pm	Psychopharmacology in the Medically Ill James L. Levenson, MD, DFAPA
2:45 pm - 3:30 pm	Panel Discussion on DSM V Moderator: James L. Levenson, MD, DFAPA
3:30 pm	Closing Remarks

March 25-26, 2011

Sheraton Park South • Richmond, VA

## Session Objectives

### An Introduction to Evidence-Based Applications in Psychiatry

S. Nassir Ghaemi, MD, MPH

At the conclusion of this program, participants will be able to:

1. Know the basic concepts of evidence based medicine.
2. Appreciate the importance of confounding bias in clinical research.
3. Apply the above concepts to clinical studies of bipolar disorder.

### Bipolar Disorder from an Evidence-Based Perspective

S. Nassir Ghaemi, MD, MPH

At the conclusion of this program, participants will be able to:

1. Understand the importance of maximizing mood stabilizer use in the treatment of bipolar disorder.
2. Understand the appropriate use of antidepressants in bipolar depression.
3. Understand evidence regarding the efficacy of atypical neuroleptics and novel anticonvulsants.

### Mental Health, Substance Abuse and HIV: An Overview

Rochelle L. Klinger, MD, DFAPA

At the conclusion of this program, participants will be able to:

1. Differentiate HIV-related CNS Disorders from other psychiatric and substance abuse disorders and refer appropriately.
2. Assess pharmacological and non-pharmacological approaches to mood and anxiety disorders.
3. Conduct assessment and motivational interviewing to determine which individuals are ready for SA intervention and change.

### Practice Parameters for the Assessment and Management of ADHD and Current Concepts Relating to Disruptive Disorders of Childhood in DSM

A. Bela Sood, MD, MSHA, FAACAP

At the conclusion of this program, participants will be able to:

1. Know how to diagnose of ADHD in children and adolescents.
2. Know about evidence-based treatment approaches for children and adolescents.
3. Know about the changes anticipated in the DSM-V in relationship to disruptive behavior disorder.

### Psychopharmacology in the Medically Ill

James L. Levenson, MD, DFAPA

At the conclusion of this program, participants will be able to:

1. Know the principles of drug-drug interactions.
2. Know answers to common problems in the administration of psychiatric medications to medically complicated patients.
3. Know more about the evidence base supporting the use of psychiatric medications in medically complicated patients.



## Overall Objectives

The 2011 Spring Meeting will address issues in Evidence-Based Medical Research. The American Psychiatric Association has issued practice guidelines on 14 different areas of treatment. This program will address issues in Bipolar Disorder, Substance Abuse, Disruptive Disorders in children and adolescents as well as pharmacology in the mentally ill. The presenters will review practice guidelines in order for psychiatrists to evaluate and treat patients with a specific illness. It is important for our attendees to be aware of evidence based practice guidelines and best clinical practices. The conference will close with a panel discussion on the impact of the soon to be released DSM-V, on evaluation and treatment of patients.

## Target Audience

This program was developed for Virginia Psychiatrists to address current issues and hot topics in mental health.

## Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychiatric Association (APA) and the Psychiatric Society of Virginia (PSV). The APA is accredited by the ACCME to provide continuing medical education for physicians.

## Designation

The American Psychiatric Association designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

