

Understanding of the psychology of addiction  
through the lens of supervision.

'Vamik Volkan continues to defy the law of gravity, as he further elevates our field with his latest, and, arguably, best clinical book to date. Drawing upon a lifetime of accumulated wisdom, he gives us a bird's eye view into his work as a supervisor of an analytic candidate's case of a traumatized woman. Speaking clearly and directly to the reader, we follow the successful course of both the analysis and the evolution of the analyst's professional identity. This beautifully written book is sensitive, scholarly, and remarkably accessible. It exemplifies Volkan's extraordinary generativity, and is mandatory reading for analytic therapists at all levels.'

**Ira Brenner, M.D., Training and Supervising Analyst, and Director Emeritus,  
Psychotherapy Training Program, Psychoanalytic Center of Philadelphia;  
Clinical Professor of Psychiatry, Sidney Kimmel Medical School  
of Thomas Jefferson University**

'It is a joy to read this book, especially in a time where psychoanalysis is often considered an outdated method. This book proves the opposite. Vamik Volkan describes the psychoanalytic process of a female patient who presented considerable sexual addiction in her daily life. Dr. Volkan was the supervisor of her analyst, who still was in training. The illustration of the process of supervision enriches this case study outstandingly, as reader learns not only *what* Dr. Volkan tells his supervisee but also *why* he does it. Demonstrating how the patient's problems and reactions affect both analyst and supervisor emotionally, he skillfully uses the material to help (train) his supervisee to develop a stable analyst identity.

'Treating patients with an addiction is a challenge for both analyst and method. Dr. Volkan provides an understanding of the psychodynamics of nonchemical addiction giving many case-examples from his own practice. He discusses how deprivations and fixations in early childhood may cause symptoms like sexual addiction later in life. The reader gains insight in the use of expanded analytic methods when treating patients with preoedipal dynamics. Dr. Volkan unfolds his understanding of psychoanalytic theory and its concepts as they have developed in his mind during decades of working as an analyst, supervisor, teacher and author. This book will be a treasure in any psychoanalytic training program.'

**Kristina Saraneva, Clinical Psychologist, Training and Supervising Psychoanalyst,  
Therapeia Institute (IFPS), Helsinki Finland**

**VAMIK D. VOLKAN** is the author, co-author, editor, or co-editor of over fifty psychoanalytic and psychopolitical books. He is an Emeritus Professor of Psychiatry at the University of Virginia, Charlottesville; an Emeritus Training and Supervising Analyst at the Washington Psychoanalytic Institute, Washington, DC; and President Emeritus of the International Dialogue Initiative.

  
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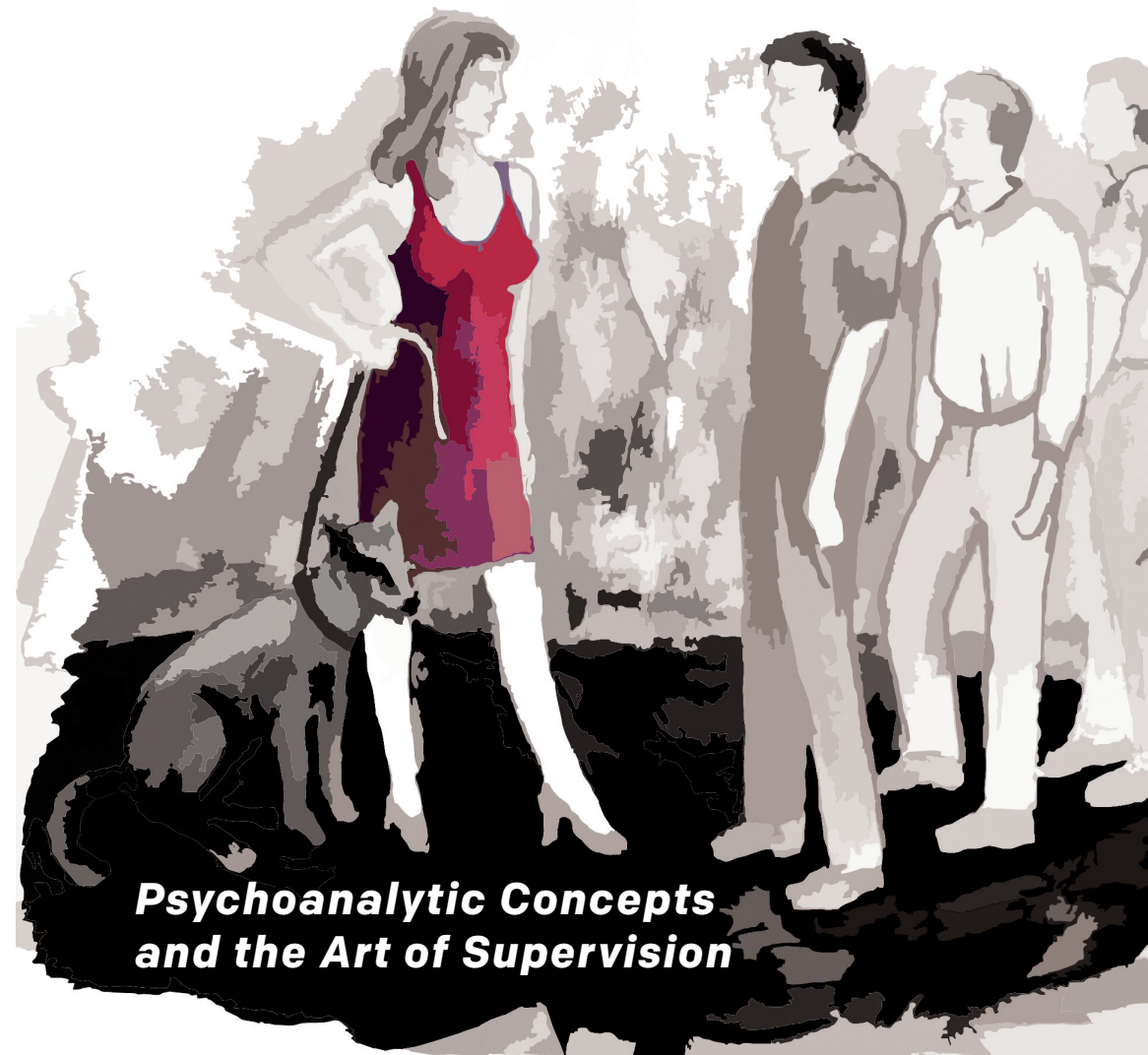
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# SEXUAL ADDICTION

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ADDICTION



**Psychoanalytic Concepts  
and the Art of Supervision**



VAMIK D. VOLKAN

